

*Are the winter blues getting you down?  
Do you want to talk about ways to stay well?*

Join us for a

# Winter Wellness Roundtable

Thursday, January 14, 2021

2:00-3:00 pm

Space is Limited

Registration Required

[CLICK HERE!](#)

Email Questions to:

[IllinoisPCI@beaconhealthoptions.com](mailto:IllinoisPCI@beaconhealthoptions.com)

ILLINOIS  
**Warm Line**  
866-359-7953